

IDV Bulletin Term 3, 2018

Special points of interest:

- > Day service has a NEW Coordinator .
- > New Staff Member interview
- > Footy tips in WHO WE THINK IS GOING TO THE GRAND FINAL



Feature Program

RDA

Working together with RDA Victoria, 7 IDV participants head out to Warrenwood Equestrian Centre in Warrandyte every Friday and take part in a Community Volunteer Work Program.

Here our participants have the opportunity to get involved in a range of farm and stable work based tasks. This year these have included such things as, building and maintaining paddock fences, constructing safety paths, general gardening painting fences and arena maintenance.

As well as grounds work, our participants have become involved in the stable work. These tasks include, keeping stables and feed sheds clean, grooming the stable horses and leading them to the arena.

After a morning of farm work, the group head to the arena for a rewarding ride.

In the arena, participants learn correct mounting and dismounting techniques, saddle position and movement. We are currently learning the first stage of the dressage test which includes a direction walk, Judges Salute and trot line.

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Nominated for best
Volunteers 2017



For over 14 plus years IDV have actively volunteered at GAP (Greyhound Adoption Program) in Seymour. In that time IDV participants have been acknowledged by GRV for their outstanding volunteer work through a story in the media and last year was nominated for an award at the Victorian Greyhound Awards night; which the participants attended. Even though we did not take out the award it was a great achievement to be nominated.

Gap rehabilitates/retrains retired Greyhounds, which has successfully assisted in many Greyhounds in finding their forever homes. Our participants complete a variety of chores in assisting in the care and wellbeing of the Greyhounds and interact with them while working in the kennels i.e. removing the torn/soiled beds then replacing with new beds, sweeping the kennels, filling the water bowls and filling in the holes the Greyhounds have dug in the outside pens.

The Greyhounds enjoy the human contact with the participants, this assists in their rehabilitation.

A new task that our participants have started working on is making treats for the Greyhounds to play with to

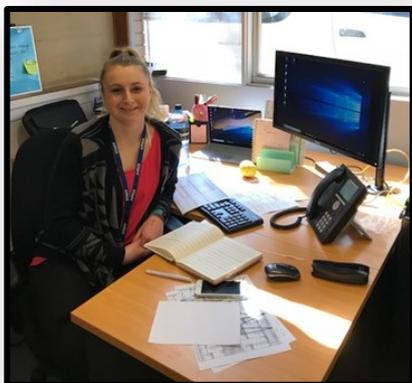
help stimulate and keep them active. The participants wrap 3-4 dog treats in a piece of newspaper then place inside a cardboard tube then wrap the tube in another piece of newspaper to form like a bon bon. Rewarding to see the finish product and knowing the excitement it will give the Greyhounds playing with the items made



Fun Facts

- Australia has the world's longest golf course measuring more than 850 miles long
- Australia is home to 21 of the world's 25 most venomous snakes
- The largest cattle station in the world is located in Australia and it's bigger than Israel
- You can fly from Perth to Melbourne faster than you can fly from one end of Western Australia to the other
- There's a volcano in Indonesia that spews blue lava
- Bird poop is white because they don't pee
- Tree can die from old age
- Samsung means "three stars" in Korean

New Coordinator to IDV Day Service



The IDV Management team, Staff & Participants would like to congratulate Jamilee Young on her successful application for a Coordinator position within the Day Service. Jamilee initially came on board as an Instructor in March 2017 and her level of dedication, compassion and empathy towards participants has been unwavering.

Jamilee has already supported some of IDV's newest participants transition into our service, liaising with families and significant others and ensuring that participants felt supported and comfortable within the IDV environment.

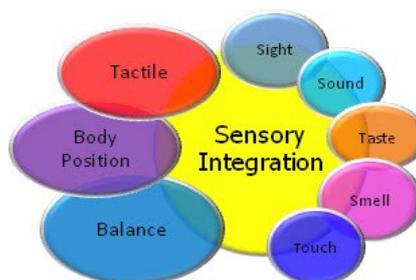
CHOICES—New program

The 'Choices' program aims is to provide exactly that—a range of **choices** to participants. On a daily basis, participants will be offered a variety of activities within the program and will be supported and encouraged to **choose** which activity they would like to engage in.

Multiple activities will be offered and conducted with staff supports at any given time and is both driven and decided by the participant. Activities include; specially designed sensory activities/stations, a dedicated relaxation area, a variety of passive sport activities, focus on basic independent living skills and communication.

Careful consideration was given to the selected activities, ensuring that participants goals and interests were all being met, whilst maximising engagement levels within their programs. Along with feedback from program staff and key workers, a specific style of service delivery was identified to support and promote choice and control for a key group of participants. Listed are the key aims and objectives that the 'Choices' program will be centred around;

- *For participants to exercise their right of choice and control*
- *To provide participants with a wide range of sensory stimulatory activities and environments which reflect individual choices and interests*
- *To encourage engagement, initiative and interactive associations*
- *To promote a sense of enjoyment*
- *To support, encourage and assist individuals when making choices and expressing their needs, wants and decisions*



JOKES AND MORE JOKES :)

JOKES AND MORE JOKES :)

A man asks a farmer near a field, "Sorry sir, would you mind if I crossed your field instead of going around it? You see, I have to catch the 4:23 train."

The farmer says, "Sure, go right ahead. And if my bull sees you, you'll even catch the 4:11 one."

What has four legs, one foot and one head?

A bed.

What is blue and smells like red paint?

A: Blue paint

Why do cows wear bells?

Their horns don't work



Anton, do you think I'm a bad mother?

My name is Paul!



Waiter, could you bring me some tooth picks, please?"

"I'm sorry sir but you'll have to wait a little bit, they are currently all in use

Ha, Ha, Ha...

Knock knock.

Who's there?

Icy.

Icy who?

Tonight I dreamt of a beautiful walk on a sandy beach.

At least that explains the foot-prints I found in the cat litter box this morning

You see me, do you need glasses or something?

Wait for me honey, I'm just finishing my make-up.

You don't need make-up, Jane.

Oh, Richard.... really? That is so sweet of you!

You need plastic surgery

Knock knock.

Who's there?

Barbie.

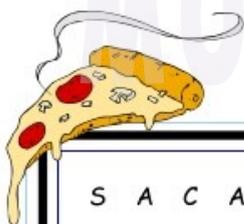
Barbie who?

Let's Barbie Q!

What's black, red, black, red, black, red?

A zebra with a sun burn

WORD PUZZLE



Food

www.mes-english.com



S	A	C	A	Q	C	I	F	H	N	H	S	N	C	A	
O	Z	H	Z	G	I	R	O	R	A	T	P	O	E	E	S
U	Z	E	F	T	O	T	D	P	I	A	F	Y	K	R	T
P	I	E	V	R	D	D	P	A	G	E	H	T	C	E	E
A	P	S	F	O	E	Y	N	H	L	T	S	S	I	A	A
N	Y	E	G	I	L	N	E	R	L	A	E	A	H	L	K
D	R	B	K	V	S	T	C	A	O	M	S	T	C	L	A
O	F	U	N	E	T	H	E	H	M	C	R	I	C	E	N
O	Y	R	G	I	R	H	E	N	G	L	I	S	H	O	O
G	Y	G	E	S	E	E	H	C	D	O	O	F	C	C	W
M	S	E	H	C	I	W	D	N	A	S	F	A	A	I	C
S	B	R	E	A	D	T	R	A	E	H	B	T	Q	M	I

Find all the words below:



salad	corndog	pizza	bacon
bread	French fries	taco	rice
spaghetti	cheeseburger	cereal	steak
fish	hotdog	cheese	soup
chicken	sandwich	eggs	food

**“Ketchup was sold
in the 1830’s as
Medicine“**

Tracy Hart - Out of Hours Support

I would like to share an email that I received from one of our 1.1 out of hours support workers. This email shows the positive impact we have while supporting our participants.

Hi Tracy,

I would like to provide you with a positive experience regarding Michael A supports today...

Michael always loves to go to the local football ground in Greensborough to support his favourite local football team: St Mary's Junior football club

Michael and myself were watching the game as usual, and after the first quarter, he mentioned to me about wanting to get a St Mary's top.. I advised him that I have passed his interest to the house staff and they will organize it soon. There were other spectators around at the time, and one of the ladies there joined our conversation. Michael was very friendly with her, and they had a nice conversation. Michael was wearing an AFL Carlton top and cap. The lady said to Michael "I would love to get you a St Mary's top today because you are wearing a Carlton (Blues) top". I assumed that the lady supported Carlton as well. She walked away and after a little while and came back with a St Mary's No.8 top and also a scarf. Michael was over the moon, and could not



thank the lady enough..

Michael was telling all other spectators about the lady who touched his heart.

I later found out the lady was the team manager for St Mary's, and had given the top to Michael as a thank you for being a dedicated supporter of the team.

Thanks & Kind Regards
Som

Here At IDV
there is so
much to do
during hours
and after hours



Riverview Ladies Golf Club

The Riverview Ladies Golf Club have a long lasting relationship with IDV and once again through their great fundraising efforts throughout the year, they have raised money for local charities. Their yearly fundraising events culminate with their annual Gala Day .

IDV along with Viewbank Riding for the Disabled, were invited to the presentation of the clubs fundraising for 2018.

We would like to sincerely thank the Riverview Ladies Golf Club for presenting to IDV a wonderful cheque for \$2500 to assist us to support our participants within our services.



IDV Memberships

IDV is seeking your support.

At present, our membership numbers are very low and we would like to change that by encouraging everyone who has a relationship with IDV, to consider signing up as a member.

Membership with IDV means that you are entitled to:

- Be kept fully informed on matters relating to IDV
- Vote on any issue pertaining to the operation of IDV
- Stand for election for the Board of Directors
- Provide suggestions or constructive criticism relating to the operation of IDV Inc. and development of new services.

If you would like to be a member of IDV, please call us on 9459 8175 and we will provide you with an application form which will go directly to IDV's Board for their consideration.

Drama Production

Preparation for the drama production is well underway.

Participants are working hard each Thursday to practice their roles and choreography for 'Twisted Tales'.

'Twisted Tales' takes us on a journey through our favorite childhood books and movies, but not as you know them! We are turning the negatives into positives and bringing characters together

If you would like anything in the news letter next term, please contact us at IDV Bulletin

SAVE THE DATE

The group will be performing the 2018 drama production on Thursday 6th December 2018 at Eltham Community and Reception Centre.

This production is one you won't want to miss!

IDV
Featuring Social Links
Present 2018 Production

'Twisted Tales'



AFL FOOTY TIPPING



Well done to all who entered IDV's AFL Footy Tipping for 2018.

The competition has been divided into IDV Staff and Participants.

The scores have been tallied, now the exciting time to reveal the winners.

PARTICIPANTS:

Equal 1st Place, with a score of 130 - Michael Amond and Grant Smith

2nd Place, with a score of 128 – Jimmy Velijanvski

3rd Place, with a score of 127 – Adrian Montalto

STAFF :

1st Place, with a score of 140 – Tara Barber

Equal 2nd Place, with a score of 131 – James Cardona, Denise McPhee and Antonios Kyriakopoulos

3rd Place, with a score of 128 – Roseanne Simpson.

Winners presentation at our Footy Day Lunch.

Perfect Pick 9/9 awarded to :

Round 4 - Michael Amond and Denise McPhee

Round 11 – Jimmy Velijanvski

Round 18 – Svetlana Payne

Round 21 – Grant Smith and Tara Barber



Interview with a new staff member—Melissa Ladewig



IDV would like to welcome one of our newest Instructors, Melissa Ladewig!

Melissa started with IDV in July and has quickly become a valued member of the team. Melissa came to us after working as an Instructor for Inclusion Melbourne. Melissa also volunteered for 'People Outdoors', an organization which provides weekend camps for people with disabilities ranging in ages from 6-18+.

Melissa loves going to the gym and really enjoys a coffee. Melissa also wants us to know that she loves the Western Bulldogs AFL team.

While she has only been with us for a short time, Melissa has forged great relationships with IDV participants and staff and enjoys facilitating programs such as Cooking, Leisure Options and Ladies Interest Group, to name a few.

Melissa is a bit of a globetrotter, having travelled overseas many times to destinations such as: Hawaii, Thailand, Germany, Switzerland and her favourite, U.S.A.

Melissa and her family love to spend quality time in Goughs Bay where she has retired her skis (both snow and water), opting for a more relaxed position as boat captain.

Welcome to the team, Melissa!

Danika Dillon- Intake Officer

We welcomed some new faces to IDV over the last few months.

David F, Bernard, Ellen, Helen, David S and Fiona have joined in on the fun at IDV Macleod. David F has been cooking up a storm in our cooking programs. Bernard enjoys painting. Helen enjoys puzzles. Fiona loves coffee. Ellen has really enjoyed learning her way around IDV and David S loves running.

Tori has joined the Step by Step program and has been taking part in the Barista course and leaning how to make coffee.

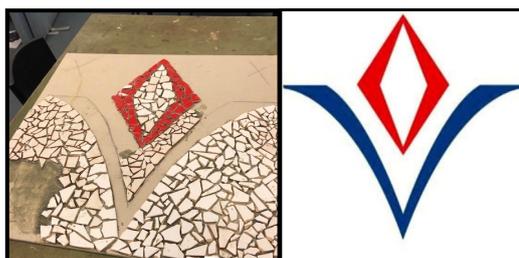
A very big **WELCOME** to our new friends.



This term IDV are delighted to have students from Diamond Valley Special Developmental School attend our Macleod campus to participate in a combined project. The students have been attending an art class with some of IDV's participants and are creating 2 mosaic masterpieces. One piece is of IDV's new logo (to be launched very soon) and the other is the Diamond Valley SDS logo for the students to take back to their school.



IDV Art work



Diamond Valley SDS Logo

Behind the Bulletin Gang at IDV



Nicolas-Master Chef For Team one & Second Editor

Denise- the photographer



Jimmy - Lifestyle and Sports reporter

Daniela-Special reporter for the people & Team Editor



IDV Newsletter

SOCIAL MEDIA

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Your articles, ideas and photos are welcomed and encouraged.

On behalf of the Newsletter Team and everyone at IDV, we'd like to say.....

Safe Holidays!
 HELLO SPRING!



October 2018

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2018

6Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2018

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Dec-20th
 Participant
 Christmas Party /
 Last Day

Christmas Day
 25th Dec
 Boxing Day 26th

Nov -5th, 6th
 &7th Annual
 Leave