

IDV Bulletin Term 2, 2018

Special points of interest:

- > The roadworks out the front of IDV near the Station have finally finished, clearing up traffic congestion.
- > We have plants for sale! Most sell for \$2 and \$5
- > Footy tips in WHO WE THINK IS GOING TO THE GRAND FINAL



IDV IS HAVING AN OPEN DAY!!

Step by Step Youth Transition will be holding their very first information session!

We are opening our doors to the general public and any interested persons, to show case our services and support options. This is an exciting development to provide the details relevant for students, parents, carers, school Transition Co-ordinators and Support Coordinators, who are in the process of making the decisions for their future .

It's also an occasion to meet some of our amazing participants, staff team, our facility, other prospective families, participants and receive answers to your general questions.

We are looking forward to meeting you on:

When: Wednesday the 25th July 2018

Where: Arnica Place: 1/25 Grimshaw Street, Greensborough

Times: 3:30 p.m. —5:00 p.m.

or

6:00 p.m.—7:30 p.m.



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Bread & Butter Bake with Tomato & Ham

INGREDIENTS

3 cloves of garlic
a small bunch of fresh basil

olive oil
1 fresh red chilli
2 x 400g cans tomatoes
sea salt
freshly ground black pepper
red wine vinegar
4 x 150g white fish fillets such as whiting or pollock, skin off and bones removed
a handful of black olives, stone in
3 teaspoons capers, drained

1 To make your sauce:
Peel and finely slice the garlic cloves. Pick the basil leaves and put aside, finely slice the stalks.

2 Add a good couple of lugs of olive oil to a large pan on a medium heat. Add the garlic and basil stalks. Pierce the chilli once with a knife so it doesn't explode when frying, and add to the pan. Fry gently until the garlic is soft but not coloured, stirring occasionally.

3 Add the cans of tomato and season lightly with salt and pepper. Gently simmer on low heat for 30 minutes. Remove the chilli. Break and mash the tomatoes with a wooden spoon. Season the sauce really carefully with a small pinch of salt and pepper if needed, and add a tiny swig of red wine vinegar to give it a little twang.

4 To prepare and cook your fish:
Preheat the oven to 220degC/425degF/gas 7.

5 Pour your tomato sauce into a roasting tray (approximately 20cm x 30cm). Season the fish fillets on both sides with a little pepper, then place on top of the sauce. Squash the olives, using the base of a jar or something heavy, and remove the stones. Sprinkle the olives and capers over the fish. Scatter the reserved basil leaves over the fish.

6 Cook in the oven for around 15 minutes or until the fish is cooked through (check by cutting into the thickest part of one or two of the fillets). Lovely served with new potatoes and a green salad

Fun Facts

- People wore fake moles (or "beauty patches") made of velvet, silk, or mouse skin in the 18th century as a fashion statement.
- Before the invention of colour TV, 75% of people said they dreamed in black and white. Today, only 12% do
- It's illegal to own just one guinea pig
- in Switzerland because they get lonely.
- Wombat poop is cube-shaped
- Paper bags aren't any better for the environment than plastic ones
- Toilet seat covers are basically pointless
- Lego is the largest tire manufacturer in the world
- The logo for Chupa Chups was designed by Salvador Dalí



Meet IDV's new Intake Worker - Danika Dillon!

My name is Danika Dillon and I have recently joined IDV in the role of Intake Officer. It has been a wonderful experience starting work here, meeting and getting to know such amazing people at IDV.

The Intake Officer's role involves meeting new people who are interested in attending IDV. I work very closely with individuals, their families, Support Coordinators and the local schools, to ensure we develop a service that is person centred and meets your needs and interests. The best part about this role is that I am able to speak to people about all the awesome things that happen at IDV and how we can support you achieve your goals.

I am very fortunate to have had the privilege of working in the disability sector for the last 20 years, in a range of direct support and management positions. My experience started within the education system working predominantly with children who have a diagnosis of Autism. I am also a qualified ABA therapist and have supported many children and adults within their own homes. 12 years ago I moved my focus to supporting adults with a disability and I have never looked back. I love supporting individuals engage with their community and build on their independence. I am passionate about supporting people with a disability to live a life of their choice.

In addition to my practical experience, I have also completed a Bachelor of Applied Science in Disability Studies and completed various Certificated courses.

On top of my working experience, I am also a mum to 2 young boys who keep me very busy. I like going out for dinner, to the movies and trips to the beach.

Kind Regards

Danika Dillon

Intake Officer



Jokes and More Jokes

- **WHAT IS THE BEST SEASON TO JUMP ON A TRAMPOLINE?**
-
SPRING TIME.

- Four elephants go for a walk on a stormy day. They only have one umbrella between them. Why don't any of them get wet?
-
Well did anybody say it was raining?



- Where do pencils spend their vacations?
-
In Pencilvania.
- Can a kangaroo jump higher than a house?
-
Of course, a house doesn't jump at all.



Ha, Ha, Ha...



Cats Wordsearch

Meow! Find the fabulous felines hiding in this puzzle!



LION, TIGER, LEOPARD, JAGUAR, PANTHER,
PUMA, CHEETAH, COUGER, CAT,
SNOW LEOPARD, CLOUDED LEOPARD

“Cats conserve
energy by sleeping
for an average of 13
to 14 hours a day “



Tracy Hart - Support Services Coordinator



**Here At IDV
there is so
much to do
during hours
and after hours**

Out of hour's supports have started its first group with two participants who are members of the same basketball team. These ladies are able to attend their weekend games with a support staff and then enjoy an activity they are both interested in after the game. This promotes their health and wellbeing and assist them to achieve their goals. This support has worked very well for these ladies, as they can arrive at their game together, socialise and participate in activities they both have an interest in.

CBA (Commonwealth Bank of Australia) GRANT SUCCESS

COMMONWEALTH BANK COMMUNITY GRANT FUNDS

In 1917, Commonwealth Bank staff began putting money into a special fund to help support people in the community. The funds are used to support the health and wellbeing of children and young adults. Today, Nathan Withers from the Commonwealth Bank presented a cheque for \$10,000 to the Step by Step program.

Lisa Mills, the Step by Step Coordinator, is planning to upgrade computers and buy an interactive whiteboard.

Participants in the Step by Step program say this is incredible, amazing, awesome and fantastic everyone is excited.

Written by: Adrian Montalto (Step by Step participant)



IDV Memberships

IDV is seeking your support.

At present, our membership numbers are very low and we would like to change that by encouraging everyone who has a relationship with IDV, to consider signing up as a member.

Membership with IDV means that you are entitled to:

- Be kept fully informed on matters relating to IDV
- Vote on any issue pertaining to the operation of IDV
- Stand for election for the Board of Directors
- Provide suggestions or constructive criticism relating to the operation of IDV Inc. and development of new services.

A letter discussing this membership is attached to the newsletter, as well as an application form and reply paid envelope for your convenience.

Aurora Products

Rodney retired from Aurora Products in March of this year. Rodney started at Aurora in 2012 and over the 6 years of his employment at Aurora, Rodney had shown that he was a dedicated and loyal employee. Rodney had a wicked sense of humor and was very much well liked by his peers and work colleagues. A farewell party was held for Rodney in June and Rodney celebrated the afternoon with his mates and work colleagues and really enjoyed catching up with everyone. Everyone from Aurora

wishes Rodney all the best for the future. Rodney will certainly not be forgotten at Aurora. From all the staff at Aurora, we will miss you mate!

If you would like anything in the news letter next term, please contact us at IDV Bulletin



Denise- the photographer

Hello, I'm Denise

My favourite animal is the Tiger, because they go fast. I'd love to feed one some time in my lifetime.



Nicolas-Master Chef For Team one & Second Editor

Nicolas' favourite animal is the elephant, because they are big, gray and have tusks. One day he'd like to go to the zoo and feed them.



Daniela-Special reporter for the people & Team Editor

Hey, I'm Daniella

Daniella's favourite animal is the dolphin because they swim in water, as I love to do. Maybe one day I can take a swim with them.



Behind the Bulletin Gang at IDV



Jimmy - Lifestyle and Sports reporter

Hi, my name is Jimmy and my favourite animal is the monkey.

They are cute and fuzzy and I just want to give them all a cuddle.



Interview with a placement student—King

What is your name? King		
What's your age? 39		
Where do you live? Macleod	What is your Favourite food?	
How did you come to IDV?	All foods	
Work placement	What is your favourite TV show? Game of Thrones	What's better, chocolate cake or ice-cream? Mango ice-cream
How long you been working at IDV? 2 months	Do you have any pets? What are they? Dog called Max	Where is one place you have been? Amsterdam
What kind of car do you drive? Volvo	Who Do You Barrack For? Collingwood and tigers	Where's one place you would like to go? The Amazon
Which Program do you enjoy and why? Cooking because I love food	What you favourite colour? Green	Last Movie you watched? Notebook
	What's your favourite Animal? Tiger	Last song you heard? Justin Bieber
		What's your favourite weekend activity? Dancing

Interview with a new staff member—Mikaela

What is your name? Mikaela	What your favourite Colour? Red
What your age? 23	What your favourite Animal? Puppy Dogs
Where do you live? Mill Park	What's better, chocolate cake or ice cream? Chocolate cake
How long you been working at IDV? 3 months	Where is one place you have been? London England
What kind of car do you have? Mazda 2	Where is one place you would like to go? Spain
Which Program do you enjoy and why? Roseanna Fire station because I like to dance	Last Movie you watched? Dead Pool 2
What is your favourite food? Crunchy Peanut Butter	Last song you heard? El taxi-Pitbull
What is your favourite T.V show? Will and Grace	What's your favourite weekend activity? Seeing friends
Do you have any Pets? What are they? 1 Dog her name is Charlie.	Where do you see yourself in 5 year? Travelling around the world
Who do you barrack for? Collingwood	



IDV Newsletter

SOCIAL MEDIA

Face book

facebook.com/idvMacleod

Twitter

twitter.com/idv_au

Instagram

instagram.com/idv_au

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Your articles, ideas and photos are welcomed and encouraged.

On behalf of the Newsletter Team and everyone at IDV, we'd like to say.....

Safe Holidays!



July 2018

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30	31					1
2	3	4	5	6	7	8
HOLIDAYS—IDV CLOSED						
9	10	11	12	13	14	15
TERM 3 BEGINS!!						
16	17	18	19	20	21	22
23	24	25	26	27	28	29